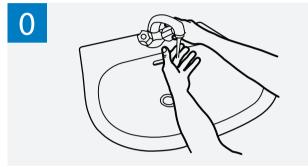
## How to Handwash?



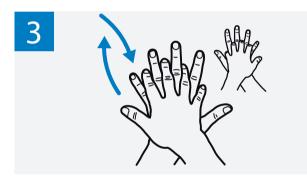
## Wash hands when visibly soiled! Otherwise, use handrub.



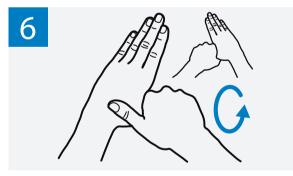
Duration of the entire procedure: 40-60 seconds



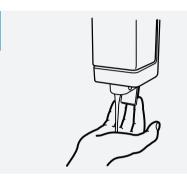
Wet hands with water;



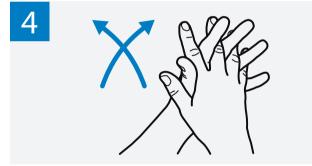
Right palm over left dorsum with interlaced fingers and vice versa;



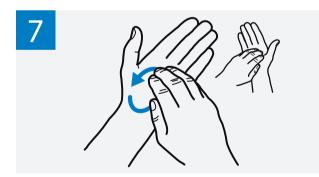
Rotational rubbing of left thumb clasped in right palm and vice versa;



Apply enough soap to cover all hand surfaces;



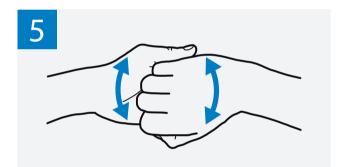
Palm to palm with fingers interlaced;



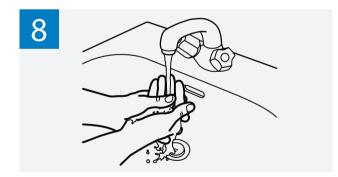
Rotational rubbing, backwards and forwards with clasped fingers of right hand in left palm and vice versa;



Rub hands palm to palm;

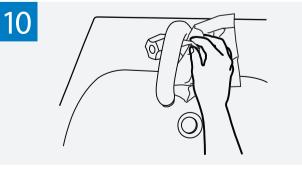


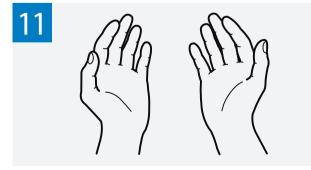
Backs of fingers to opposing palms with fingers interlocked;



Rinse hands with water;







Dry hands thoroughly with a single use towel;

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Use towel to turn off faucet;

Your hands are now safe.

Information has been sourced from the World Health Organization's poster "How to Handwash?". © World Health Organization 2009. All rights reserved This resource is proudly sponsored by



